

# MASALA BOWL

## BRUNCH MENU

**MENU AVAILABLE ON SATURDAY & SUNDAY 9AM – 2PM**

*All prices are inclusive of VAT. A discretionary service charge of 10% will be added to your bill which will be shared amongst our team.  
Please inform a member of staff of any food allergies and dietary requirements.*

## FRUIT & SALAD BOWLS

Acai Bowl ..... 7.95  
A delicious bowl of blueberries, banana, almond milk, chia seed & berries

Chimichuri Avocado & Chickpea Salad ..... 9.95  
Homemade chimichuri dressing drizzled over chickpeas & perfectly ripe avocado with fresh herbs & olive oil **VE**

Desi Salad ..... 8.50  
Mixture of lettuce, onion, tomato and cucumber seasoned with Indian herbs and lemon dressing **VE**

Chicken Caesar Salad ..... 9.50  
A crispy lettuce salad tossed in a creamy salad dressing served with, crispy chicken, croutons and parmesan cheese

## EGGTASTIC

Full English ..... 10.95  
A classic English breakfast served with locally sourced pork sausages, hash brown, scrambled egg, bacon, grilled tomato, baked beans served with a toasted bloomer **NH**

English Vinglish ..... 9.95  
An Indian twist to the English breakfast with a combination of chicken sausage, hash brown, spiced egg bhurji, grilled tomato, masala beans, served with a toasted bloomer

Masala Omelette with Toast ..... 7.95  
A traditional Indian style omelette cooked with onion, tomato, coriander & spices stuffed with mozzarella. Spice it up with some fresh green chillies!

Egg Bhurji on Toast ..... 7.95  
Eggs spiced, scrambled with tomatoes and onions in Indian herbs & spices served on a toasted bloomer

Avo & Egg ..... 8.95  
Seasoned smashed avocado layered on a bloomer toast topped with choice of scrambled or poached egg with freshly prepared hollandaise sauce  
**+ Salmon 2.95**

Spinach Mushroom Omelette Brunch... 8.95  
Deliciously seasoned spinach and garlic mushrooms pan-fried with eggs served on a toast bloomer

Shakashuka served with Toast ..... 9.95  
A Tunisian inspired dish. Eggs poached on a seasoned tomato sauce with onion and peppers served with toasted bloomer

## DESI BREAKFAST - STATES OF INDIA

*Indian breakfast takes you on a journey you will never forget. Each city takes you to a new adventure of taste and colour. From the cities that never sleep, we hope you enjoy a few of our favourite fusion breakfast dishes.*

Aloo Paratha and Chole ..... 10.95  
Traditional Indian flatbread stuffed with spiced mash potato, served with a side of chole (chickpea curry) & yoghurt. Can be made vegan on request

Pav Bhaji ..... 9.95  
One of the most popular roadside street food dishes which consists of mashed boiled vegetables in a tomato gravy. Served with a soft bread roll and a side of onion and tomato

Plain Dosa\* ..... 5.95  
A crispy plain dosa, a perfect light & healthy dish **VE**  
**+ Cheese 0.99**

Masala Dosa\* ..... 7.95  
The classic masala dosa filled with seasoned potato and onion with southern Indian spices **VE**  
**+ Cheese 0.99**

Chilli Cheese Dosa\* 🌶️ ..... 7.95  
Cheddar and mozzarella cheese, green chillies and an in-house special peri-peri seasoning filled inside a crispy dosa

Butter Paneer Dosa\* ..... 10.50  
A paneer lovers dream! The popular butter paneer (tandoori paneer cooked in a creamy tomato makhani gravy flavoured with Indian spices topped with fresh cream) filled in a crispy dosa

Butter Chicken Dosa\* ..... 10.95  
The origins of Punjab, the butter chicken (tandoori chicken cooked in a creamy tomato makhani gravy flavoured with Indian spices and topped with fresh cream), filled in a crispy dosa

*\* A dosa is a thin savoury crepe from South Indian cuisine made from lentils and rice flour. All dosas are served with a side of sambhar (daal) and coconut chutney.*

## KATI ROLL

Chicken Tikka ..... 8.95  
Tender pieces of marinated chicken tikka, grilled to perfection and wrapped in a paratha

Paneer Tikka ..... 8.95  
Cubes of cottage cheese are marinated in a flavourful blend of spices and yoghurt, then grilled to perfection and wrapped in a paratha

Hara Bhara Kebab ..... 8.95  
A vegetarian kebab made from chana dal, green peas, spinach and a mixture of spices which is deep fried and wrapped in a paratha

Masala Chip ..... 8.95  
Chips sautéed with a home-made spicy chilli sauce, wrapped in a paratha

Egg ..... 8.45  
A savoury and satisfying dish that combines the richness of eggs with the comfort of flaky, layered paratha bread

## BRUNCH

Halloumi Taco Bowl .....	9.95
<i>Grilled halloumi seasoned with lemon and spices mixed with onion and tomato served on a taco bowl with a homemade chimichuri sauce</i>	
Egg Bhurji Pockets .....	9.95
<i>Scrambled eggs cooked with onions, tomatoes, green chillies and spices filled inside a pitta bread, garnished with coriander</i>	
Sunny Skillet.....	10.95
<i>Tender chicken sausage cooked with crispy fried potato mixed with, lightly seasoned and topped with fried egg</i>	
French Toast.....	8.50
<i>Indulge in our classic French toast, a delightful harmony of slices of bread dipped in a rich egg batter, lightly seasoned with cinnamon and vanilla, then griddled to golden perfection</i>	
Butterfly Chicken with Fire Potato .....	12.95
<i>Lightly spiced chicken breast marinated with lemon, salt and pepper, pan grilled to perfection served with fire potato <b>GF</b></i>	
Grilled Bombay Sandwich .....	8.50
<i>The ultimate grilled Bombay sandwich features layers of ingredients between slices of bread. Filling includes thin slices of potato, cucumber, tomatoes, onions and chutneys topped with cheese</i>	
Dirty Fries 🌶️ .....	7.50
<i>A bed of crispy fries topped with homemade chilli-mayo sauce garnish with chives and fried onion. Its a hearty and satisfying dish that's perfect for sharing or enjoying as a meal on its own</i>	
Fish & Chips .....	13.95
<i>Crispy golden-brown battered tilapia fillets served with a side of chips</i>	
MB Waffles .....	9.95
<i>Savory waffle topped with maple syrup, banana and strawberries</i>	

## KIDS

Mini Omelette & Chips.....	6.95
<i>Introducing our mini omelette paired with a side of chips, a kid-friendly delight that's sure to bring smiles to little faces!</i>	
Chicken Sausage & Chips.....	6.95
<i>A tasty and wholesome dish of chicken sausages and chips</i>	
Grilled Halloumi & Chips.....	7.50
<i>Grilled halloumi served with a side of chips</i>	
Plain Paratha .....	4.50
<i>A timeless classic, a soft flaky &amp; buttery paratha</i>	
Cheese Paratha .....	4.95
<i>A cheesy twist on a beloved classic! Paratha stuffed with a rich blend of melted cheese</i>	
Fish Fingers & Chips .....	5.50
<i>A crispy and flavourful treat of tender fish fillets coated in a crunchy breadcrumb crust served with a side of chips</i>	
Chicken Nuggets & Chips .....	5.50
<i>Perfectly bite-sized and easy to eat, our chicken nuggets are the ideal option for little hands. Served with a side of chips</i>	
Plain Chips .....	3.50
<i>A portion of plain chips seasoned with salt <b>VE</b></i>	

## EXTRAS

Bread Roll.....	1.50
<i>Buttered and grilled bread roll</i>	
Chicken.....	2.50
<i>Grilled chicken tikka strips <b>GF</b></i>	
Toast (1) .....	1.50
<i>Bloomer toast</i>	
Garlic Mushroom .....	1.95
<i>Sautéed garlic mushrooms with seasoning <b>GF</b></i>	
Chicken Sausage (1).....	1.50
<i>Grilled chicken sausage</i>	
Pork Sausage (1) .....	1.50
<i>Grilled pork sausage <b>NH</b></i>	
Avocado.....	1.99
<i>Mashed and seasoned Avocado <b>GF, VE</b></i>	
Salmon .....	2.95
<i>Sliced salmon</i>	
Paratha (Plain/Cheese/Aloo) ....	4.50 / 4.95 / 5.95
<i>A timeless classic – a soft, flaky and buttery paratha bread stuffed with cheese or seasoned potato</i>	
Chips (Plain/Peri-Peri).....	3.50 / 4.50
<i>French fries with a choice of seasoning: plain or peri-peri <b>GF, VE</b></i>	
Beans/Masala beans .....	1.99/2.50
<i>A choice of baked beans or seasoned beans with sautéed onions</i>	
Hash Brown.....	0.99
<i>Seasoned shredded potato patties fried until golden &amp; crispy <b>VE</b></i>	
Cheese .....	0.99
<i>Top up your meals with a combination of cheddar and mozzarella cheese</i>	

GF – Gluten Free, NH – Non-Halal, VE – Vegan, 🌶️ – Hot, 🌶️🌶️ – Extra Hot

GF – Gluten Free, NH – Non-Halal, VE – Vegan, 🌶️ – Hot, 🌶️🌶️ – Extra Hot

**STREET FOOD**

Dabeli .....	5.50
<i>Seasoned mashed potato pressed between a soft bun, layered with a sweet and spicy chutney</i>	
Vada Pav .....	5.50
<i>A Mumbai special consisting of a deep fried potato dumpling placed inside a bread bun topped with special garlic powder and green chutney</i>	
Sev Puri .....	7.50
<i>Flat puris topped with mashed potato, tomatoes, onions and a spicy, sweet and tangy chutney <b>VE</b></i>	
Bhel .....	7.95
<i>Puffed rice topped with onions, tomatoes, coriander and a sweet tamarind chutney <b>VE</b></i>	
Dahi Puri .....	7.95
<i>Crispy puris filled with potatoes topped with sweetened yoghurt and a sweet tamarind and green chutney</i>	
Papdi Chaat .....	7.95
<i>Flat puris topped with potato, sweetened yoghurt, sev and a sweet tamarind and green chutney</i>	
Samosa Chaat .....	8.95
<i>Veg samosa topped with sweet yoghurt and a mix of chutneys. Garnished with onions, tomatoes, sev and fresh coriander</i>	
Dabeli Pockets (4) .....	8.95
<i>A twist to the famous Gujarati Dabeli, spiced seasoned mashed potato pressed inside grilled pitta pockets garnished with pomegranate and coriander</i>	
Pav Bhaji .....	9.95
<i>Mashed potato and spiced vegetables served with buttery bread rolls and a side of chopped onion, tomatoes and lemon slices</i>	
MB Spinach Chaat .....	8.95
<i>Fried crispy spinach leaves topped with sweet yoghurt and sweet chutneys</i>	
Pani Puri – Original (8) .....	7.95
<i>Crispy puris filled with a spiced chickpea and potato mix, served with a tamarind chutney and a jug of fresh mint &amp; coriander flavoured water <b>VE</b></i>	
Pani Puri – Spicy (8)  .....	8.50
<i>Pani Puris topped with a spicy chutney <b>VE</b></i>	
Roulette (16) .....	14.95
<i>Masala Bowl's special roulette Pani Puri game, a surprise mix of 5 x spicy, 5 x sweet and 6 x original shot glasses of fresh mint and coriander water <b>VE</b></i>	

**BHAJIYAS & SAMOSAS**

Crispy Bhajiya .....	8.95
<i>A thinly sliced potato dipped in spiced batter and deep fried. Served with a special Kenyan style tomato chutney <b>GF, VE</b></i>	
Onion Bhajiya .....	8.95
<i>Finely sliced onions covered in gram flour deep fried to crisp perfection. Served with chutney <b>GF, VE</b></i>	
Veg Samosa (2) .....	4.95
<i>Fried triangular shaped parcels filled with a delicious mixture of special spices, potatoes, green peas and onions</i>	
Lamb Keema Samosa (2) .....	5.75
<i>Fried triangular shaped parcels filled with a delicious mixture of lightly spiced minced lamb and onions</i>	
Chicken Keema Samosa (2) .....	5.75
<i>Fried triangular shaped parcels filled with a delicious mixture of lightly spiced minced chicken and onions</i>	

**DRINKS****FRESH JUICES**

Orange Juice .....	4.95
Passion Juice .....	4.95
Carrot & Orange .....	4.95
Watermelon Juice .....	5.50
Mango, Passion & Kiwi .....	5.95

**HOT DRINKS**

Masala Chai .....	3.50
English / Green / Peppermint Tea .....	3.50
Black Coffee .....	3.00
Espresso .....	3.00
Caffe Latte .....	3.50
Cappuccino .....	3.50

**SMOOTHIES**

Strawberries & Cream .....	7.25
<i>Strawberry, banana and coconut milk</i>	
Almond Berry .....	7.25
<i>Blueberries, banana, almond butter, almond milk</i>	
Apple & Kiwi .....	7.25
<i>Apple, kiwi and apple juice</i>	
Chocolate & Banana .....	7.25
<i>Banana, cacao powder and milk</i>	



PLEASE SCAN TO  
DOWNLOAD OUR APP



92 HIGH STREET  
RICKMANSWORTH  
WD3 1AQ  
01923 940 357

 [MASALA.BOWL](#)  
 [MASALABOWL.UK](#)  
[MASALABOWL.CO.UK](#)